

Seas, Oceans and Public Health in Europe (SOPHIE for short) is a pan-European research project working towards protecting both human health and the health of the marine environment.

Overview

Whilst the ocean can benefit human health and boost wellbeing via activities like recreation and relaxation, it can also pose risks to human health – through factors such as flooding and pollution.

This complex mix of threats and opportunities interact in ways we don't fully understand. As a maritime continent, conducting research in this area is important for Europe, its inhabitants and its ocean.



SOPHIE is addressing this need by gathering information from many different sources: from citizens; from research findings; from data repositories; and from existing European policies.

The project is nurturing a network of people and organisations interested in the links between oceans and human health and will produce a Strategic Research Agenda – a road map which sets out the priorities for Oceans and Human Health research over the coming decade.